

STOP THE SPREAD OF GERMS

Help prevent the spread of viruses such as Coronavirus (COVID-19), a respiratory illness. Since no vaccine exists, the best way to prevent illness is to avoid being exposed.



AVOID CONTACT WITH PEOPLE WHO ARE SICK

If you are sick or exhibiting symptoms, exit our building or stay home please.

WATCH FOR SYMPTOMS

Symptoms may appear 2 to 14 days after exposure & include:



FEVER



SHORTNESS OF BREATH



COUGH



AVOID PERSON TO PERSON CONTACT

Wave instead of handshakes



COVER COUGHS & SNEEZES WITH A TISSUE

Discard tissue after use



AVOID TOUCHING EYES, NOSE & MOUTH

Especially with unwashed hands



WASH HANDS OFTEN & FOR 20 SECONDS

Also, use hand sanitizer

For more information: www.cdc.gov/COVID19