



Basic Swim & Water Safety Skills Can Reduce the Risk of Drowning

- Even with formal swim lessons and water survival skills, constant adult supervision is the #1 preventive measure.
- Drowning is silent and can happen in just 20 seconds.
- Formal swim lessons and water survival skills include resurfacing, floating, treading, and the ability to exit the water.
- Designate adult “water watchers” and physically hand off a “water watcher badge” during gatherings so there is ALWAYS an adult who knows they are responsible for watching all children in and around the pool or other bodies of water.
- Eliminate all distractions like cell phones, tablets, and laptops.

BE WATER SMART

Water is Everywhere

Water can provide fun activities for children and families, but it can also pose dangers for children of all ages. It's important to understand the risks and establish safety practices to help keep your family safe in and around the water.

The Juvenile Welfare Board of Pinellas County and Safe Kids Florida Suncoast, led by Johns Hopkins All Children's, have joined forces to help reduce child drownings and other water-related deaths and injuries.



In collaboration with:
JOHNS HOPKINS
All Children's Hospital
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Learn life-saving water safety tips at
hopkinsallchildrens.org/watersafety



BE WATER SMART

Water is Everywhere

Drowning is #1 Cause of Death for Children Under Age 4

- Children can drown in as little as one inch of water.
- Submersions can occur in any body of water, but swimming pools top the list.
- Remain vigilant around nearby lakes, canals, and ponds as well as open waters such as oceans.
- Bathtubs, buckets, toilets, and even pet water dishes are hazards inside your home.

Water Safety Tip: Nothing replaces adult supervision, especially for young children.



5 LAYERS OF PROTECTION FOR WATER SAFETY



Constant Adult Supervision

NOTHING replaces adult supervision, especially for young children. Eliminate distractions that may interfere with constant supervision. Designate adult "water watchers" when children are in and around bodies of water.



Outside the Home

Backyard and pool area should be secured with safety fences and self-closing, self-latching gates. Use an alarm for the gate. Keep furniture away from the safety fence as kids love to climb! Hot tubs should also have a locking cover.



Inside the Home

Ensure you have a clear view of the pool from within the house. Use childproof locks and alarms on all doors leading outside. If a child is missing, check the water first, take your cell phone, and learn life-saving CPR.



Pool Area

Keep toys and floating objects out of the pool when not in use. Remove trip hazards from the pool's edge. Maintain water levels three to four inches from top. Place wave alarms in the pool.



Swimming Lessons

Studies suggest enrolling children in formal swim lessons like water safety survival skills to help decrease the drowning risks for children ages 1-4. These courses for both parents and children include good water safety habits and swim readiness skills.

SWIM LESSONS IN PINELLAS COUNTY

* Free and reduced priced lessons are available

FACILITY & CITY	ADDRESS	WEBSITE
Long Center, Clearwater	1501 N. Belcher Rd.	myclearwaterparks.com
Morningside Rec Complex, Clearwater	2400 Harn Blvd.	myclearwaterparks.com
North Greenwood Rec & Aquatic Center, Clearwater	900 N M.L.K. Jr Ave.	myclearwaterparks.com
Ross Norton Rec & Aquatic Complex, Clearwater	1426 S M.L.K. Jr Ave.	myclearwaterparks.com
Highlander Pool, Dunedin	1937 Ed Eckert Dr.	Dunedingov.com
Highland Family Aquatic Center, Largo	400 Highland Ave.	playlargo.com
Southwest Pool, Largo	13120 Vonn Rd.	playlargo.com
Skyview Pool, Pinellas Park	9040 54th Way N.	Pinellas-park.com
Seminole Family Aquatic Center, Seminole	9100 113th St. N.	Myseminole.com
North Shore Aquatic Complex, St. Pete	901 N. Shore Dr. NE	stpeteparksrec.org
Childs Park Pool, St. Pete	1227 43rd Ave. S.	stpeteparksrec.org
E.H. McLin Pool, St. Pete	6102 14th St. S.	stpeteparksrec.org
Fossil Park Pool, St. Pete	6739 Dr. MLK Jr. St. N.	stpeteparksrec.org
Jennie Hall Pool, St. Pete	1025 26th St. S.	stpeteparksrec.org
Lake Vista Pool, St. Pete	1450 60th Ave. S.	stpeteparksrec.org
Northwest Pool, St. Pete	2331 60th St. N.	stpeteparksrec.org
Shore Acres Pool, St. Pete	4142 Shore Acres Blvd. NE.	stpeteparksrec.org
Walter Fuller Pool, St. Pete	7883 26th Ave. N.	stpeteparksrec.org
Greater Palm Harbor Branch, YMCA	1600 16th St.	Suncoastymca.org
Greater Ridgecrest Branch, YMCA	1801 119th St. N.	Suncoastymca.org
Jim & Heather Gills YMCA	3200 1st Ave. S.	Stpeteymca.org
John Geigle YMCA	4550 Village Center Dr.	Suncoastymca.org



CPR CLASSES

Life-saving CPR classes are offered at the following locations:

- **East Lake Fire Rescue:** 727-784-8668 ext 204
- **Largo Fire Rescue:** 727-587-6737
- **Palm Harbor Fire Rescue:** 727-784-0454
- **Pinellas Park Fire Department:**
727-369-5805
- **Seminole Fire Rescue:** 727-393-8711 ext 125
- **St. Petersburg Fire Rescue:** 727-893-7076
- **Sunstar EMS:** 727-582-2079 or email
trainingcenter@sunstarems.com
- **Morton Plant Hospital:** 727-953-6877 or
online at www.BayCareEvents.org
- **Treasure Island Fire Rescue:** 727-547-4590
- **City of Dunedin:** 727-298-3265

CPR Saves Lives

Everyone in the household and anyone that is likely to supervise your child should know CPR with rescue breaths.

Learn more at
hopkinsallchildrens.org/watersafety